



Basic Sewing

1. Describe the proper use of the following:
 - a. Thimble
 - b. Tape measure
 - c. Scissors and shears
 - d. Pinking shears
 - e. Needles of various sizes and types
2. Become acquainted with the sewing machine in your home or school. Identify:
 - a. Balance wheel
 - b. Thread take-up
 - c. Presser foot
 - d. Presser foot lifter
 - e. Needle
 - f. Feed dogs
 - g. Bobbin
 - h. Control
 - i. Backspace lever
3. Demonstrate how to properly thread and run the machine.
4. Put a hem in one of the following items showing neat and even stitches.
 - a. Towel
 - b. Apron
 - c. Flannel baby blanket
 - d. Flannel lap blanket
5. Demonstrate your ability to properly sew on buttons and snaps.
6. Tell what is meant by selvage, bias, and grain of fabric.
7. Make a laundry bag for camping, or a similar simple item.

Skill Level 1

Original Honor 1976